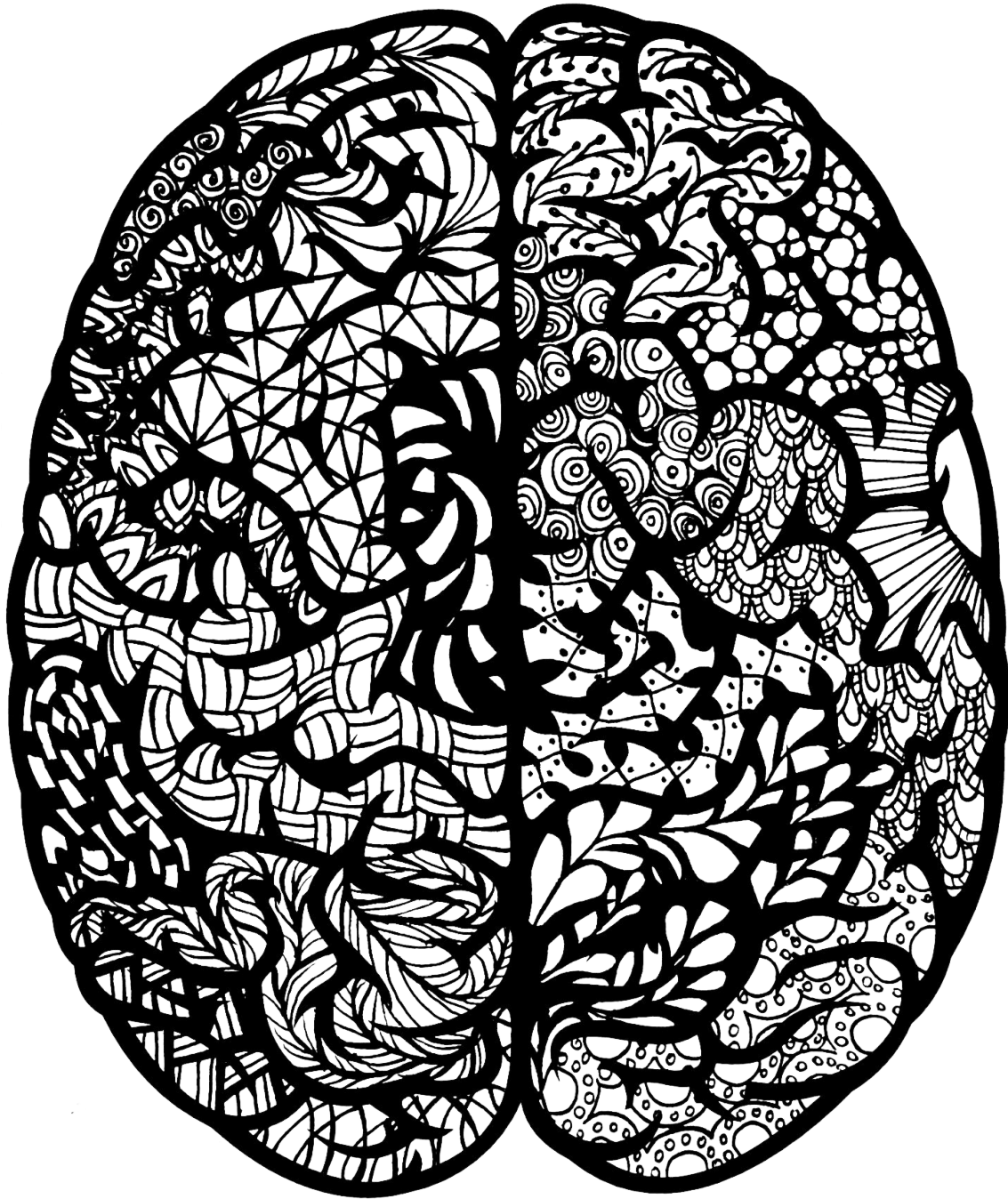


Our brains are survival brains.



*We survive best in healing
connection with others.*

be well