



CARE CONNECT MONTHLY

Applied Behavioral Analysis News & Updates

November 2022

ABA Clinically Proven Principles

TEACHING NEW SKILLS USING A TASK ANALYSIS

APPLIED BEHAVIORAL ANALYSIS (ABA) FOCUSES ON LEARNING TO LEARN BY USING CLINICALLY PROVEN PRINCIPLES AND TEACHING STRATEGIES. THESE TEACHING STRATEGIES FOCUS ON INCREASING SKILLS, SUCH AS PROSOCIAL BEHAVIORS, COPING TOOLS, DAILY LIVING SKILLS, AND COMMUNICATION.

Teaching new skills is an important part of targeting problem behaviors because we know we cannot stop a behavior without first giving a replacement. Beneficial life-long skills that can be taught include play or leisure skills, social skills, self-help skills, organizational skills, academic skills, and coping skills. As the parent or caregiver, you have naturally taught your child so many helpful skills needed for their everyday life. Some children with ASD require extra help in learning new skills. This requires systematically teaching with different strategies.

First, we must think about the skills that would be most useful to teach. What skills would help my child with their disruptive behaviors? What skills would help make my child more independent? What skills does my child have but gets frustrated completing them? What would my child be motivated to learn?

After the skill you want them to learn is chosen, think about how you would break that skill into little pieces. What would be the very first thing your child would do? For brushing teeth, it might be to unscrew the cap of the toothpaste. Once your child has mastered the first step, then move on to step two and then your child will complete steps one and two. You will still complete all other steps that your child has not mastered yet. This method of teaching can help children with ASD be successful as they don't have to complete every step at once. It is helpful to identify the steps that are most challenging or frustrating. As you are teaching a new skill, don't forget about those reinforcers you know your kids loves, whether it is praise, high-fives, or access to preferred items or activities!



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Meet Our Team



DANIELLE SHARP

Time at Burrell: 1 year, 10 months

Role at Burrell: Registered Behavior Technician in Dino Pod















Favorite Quote: "I like the way I think." – Temple Grandin

Best Part of Your Job: I get to see all the progress our learners make, whether it is social, behavioral, or academic related!

Monthly Try It

TEACHING NEW SKILLS USING A TASK ANALYSIS

BREAK DOWN A TASK INTO STEPS: BRUSHING YOUR TEETH

| Brush Your Teeth | | |
|---|----|-----------------------------------|
|  | 1 | Unscrew cap from toothpaste tube. |
|  | 2 | Put toothpaste on toothbrush. |
|  | 3 | Screw cap on toothpaste tube. |
|  | 4 | Wet toothbrush. |
|  | 5 | Brush front top teeth. |
|  | 6 | Brush front bottom teeth. |
|  | 7 | Brush right side of teeth. |
|  | 8 | Brush left side of teeth. |
|  | 9 | Brush the backs of teeth. |
|  | 10 | Lightly brush your tongue. |
|  | 11 | Rinse off toothbrush. |
|  | 12 | Rinse mouth. |
|  | 13 | Dry face and hands. |
|  | 14 | Check face in mirror. |

Upcoming Events & Reminders

Upcoming Holidays

Burrell offices will be closed December 26 for the Christmas holiday.

Local Sensory Friendly News

MOXIE MORNINGS AT THE MOXIE

Saturday, Nov. 19, and Saturday, Dec. 10, visit the Moxie Cinema for an hour-long kid-friendly event. Admission is free and will feature a short film and hand-on-art for children. While the event is geared for ages 2-6, all ages are welcome to attend.

INCREDIBLE BUDDIES AT INCREDIBLE PIZZA

Visit Incredible Pizza the first Saturday of every month from 8:30 – 10 a.m., with special accommodations such as reducing sounds and flashing lights. The price is \$8 and includes one child and their companion for unlimited gameplay. At 10 a.m., you can view a movie in the Starlight Theatre and at 11 a.m. you can enjoy the all-you-can-eat buffet for \$5.99 per person.

Do you have a sensory friendly activity/event you would like to share? If so, reach out to your learner's supervising BCBA!