



CARE CONNECT MONTHLY

Applied Behavioral Analysis News & Updates

December 2022

ABA Clinically Proven Principles

GENERALIZATION & MAINTENANCE

APPLIED BEHAVIORAL ANALYSIS (ABA) FOCUSES ON LEARNING TO LEARN BY USING CLINICALLY PROVEN PRINCIPLES AND TEACHING STRATEGIES. THESE TEACHING STRATEGIES FOCUS ON INCREASING SKILLS, SUCH AS PROSOCIAL BEHAVIORS, COPING TOOLS, DAILY LIVING SKILLS, AND COMMUNICATION.

We made it to the end of the series! It is so exciting to look back at all the behavior supports we discussed, such as reinforcers and reinforcement, visual schedules, functional communication training, and teaching things in steps. Now, we look ahead as we think about how to help those new positive behaviors take root and last over time, occur in different settings and happen with different people. This is what we call maintenance and generalization.

In order to promote skill maintenance, it is important to continue reinforcement even after they are already exhibiting the behavior. However, this reinforcement can be faded as the use of the skill continues and a more natural and realistic reinforcement schedule can be used. Maybe, instead of getting electronic time after every instance of putting on their shoes, they get to use electronics after every third or fifth completion of the task.

This concept is true when it comes to generalization as well. New skills are more likely to be utilized across settings or people if they see that reinforcement still occurs. Reinforcers that occur more naturally in most settings is beneficial because the child may not have access to the same reinforcer every single time. It is important to keep in mind that if a setting or situation is dramatically different from where the skill was learned, the skill might not generalize initially and will need more support, practice, and guidance. Problem behaviors that are being reinforced in other settings can prevent the learned changed behavior to generalize across all settings and people, making it important that people involved in care are on the same page.

We all are more likely to continue our learned behaviors by which ones are more reinforcing to us. We can help our children do the same by setting up opportunities for them to contact reinforcement and be successful in all settings and with all people!



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Meet Our Team



EL NOBLE

Time at Burrell: I am new to Burrell! I have been a Board Certified Behavior Analyst for about 10 years, but only recently joined Burrell.

Role at Burrell: Board Certified Behavior Analyst

Favorite Quote: "There's power in looking silly and not caring that you do." – Amy Poehler

Best Part of Your Job: Enjoying the little moments and the small accomplishments that our learners complete. It is a big deal to us as facilitators, and our clients alike. There's no other job in the world where you get to celebrate the small wins as much as we do here!

Monthly Try It

GENERALIZATION AND MAINTENANCE

POSITIVE BEHAVIORS IN DIFFERENT SETTINGS AND WITH DIFFERENT PEOPLE

Can they greet their teacher, as well as their coach?



We can help our children by setting up opportunities for them to contact reinforcement and be successful in all settings and with all people!



Do you have a sensory friendly activity/event you would like to share? If so, reach out to your learner's supervising BCBA!

Upcoming Events & Reminders

Upcoming Holidays

Burrell offices will be closed
December 26 for the Christmas
holiday.



Noteworthy

**DID YOU GET A CHANCE TO
CATCH OUR FALL PHOTOS
IN THE LOBBY?**

The leaves featured our staff, their furry friends, and some of their favorite fall activities. Be on the lookout for the new winter wall coming soon!

Local Sensory Friendly News

- **MOXIE MORNINGS AT THE MOXIE**
 - Saturday, December 10 | Ages 2-6
- **LIVE PERFORMANCE OF BLUEY AT HAMMONS HALL PERFORMING ARTS**
 - December 13 & 14
- **STORYTIME SATURDAY AT SPRINGFIELD LITTLE THEATRE!**
 - December 17 | 10 a.m. | Ages 4-7
- **SATURDAY OPEN GYM AT OZARK MOUNTAIN GYMNASSTICS**
 - Ages 5-17 | \$7.50 | Call Ahead