

APA CE Promotional Material

Presenter Information:

Name/Credentials: Amy R. Beck, PhD

Title: Pediatric Psychologist

Content:

Session Title: Weight Bias in the Pediatric Healthcare Setting

Length of session: 60 min

CE Credits: 1

Cost: \$10.00

Program Description: This one-hour introductory session will include a definition of weight bias, exploration of increasing awareness of this issue, as well as the established negative impacts of weight-based victimization/discrimination. Participants will identify strategies to minimize weight bias in order to provide better medical care and support to patients and families.

Learning Objectives:

1. Define weight bias
2. Assess prevalence in the healthcare setting
3. Identify three problems resulting from weight bias
4. Review strategies to minimize bias

Professional Bio:

Dr. Beck is a Professor of Pediatrics with the University of Missouri-Kansas City School of Medicine and a Pediatric Psychologist in the Weight Management Program at the Center for Children's Healthy Lifestyles & Nutrition at Children's Mercy Kansas City. Her professional interests include health equity, weight bias, and the clinical implementation of yoga (she became a registered yoga teacher in 2016). At Children's Mercy, Dr. Beck works with the Office of Equity and Diversity and is a Health Equity Advisor to her Division of Developmental and Behavioral Health and a DEI Champion with the Department of Pediatrics. At the state and national levels, she is involved with the Missouri Psychological Association as the Diversity Board Chair and Advocacy Board Chair, American Society of Metabolic and Bariatric Surgery, Society of Pediatric Psychology as the Division Advocacy Partner with APA, and the American Psychological Association.

APA Statement:

Compass Health Network is approved by the American Psychological Association to sponsor continuing education for psychologists. Compass Health Network maintains responsibility for this program and its contents.

Compass Health Network 1800 Community Dr. Clinton, MO 64735 (844) 853-8937
www.compasshealthnetwork.org

Contact Jennifer Frye at jfrye@compasshn.org with questions or to request accommodations. There is no known commercial support for this program.



APA CE Promotional Material

Presenter Information:

Name/Credentials: Jennifer A. Battles, Ph.D.

Title: Clinical Psychologist: Primary Care Mental Health Integration

Content:

Session Title: VA Considerations

Length of session: 60 mins

CE Credits: 1

Cost: \$10.00

Program Description: This one-hour introductory session will explore how integrated care operates within the VA system, with emphasis on the primary care setting. Participants will also discover how unique military-cultural factors impact care in an integrated health care environment. Consideration will be given to aspects of diversity and inclusion for Veterans of the United State Armed Forces. Participants will identify areas of further learning to enhance integrated care.

Learning Objectives:

1. Describe the VA model of integrated care specifically in a primary care setting
2. Demonstrate how unique military-cultural factors to provide patient-centered care for Veterans within an integrated care setting
3. Identify two integrated care training opportunities available within VA for interdisciplinary staff members

Professional Bio:

Dr. Jennifer Battles is a licensed clinical psychologist at the VA St. Louis Healthcare System. She works in Primary Care Mental Health Integration at Jefferson Barracks Primary Care, the largest primary care clinic in the hospital system. She also serves on the Eating Disorder Treatment Team, an interdisciplinary team of providers who specialize in evidence-based intervention for disordered eating across the diagnostic spectrum.

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APA CE Promotional Material

Presenter Information:

Name/Credentials: Carlie Nikel, PsyD

Title: Clinical Psychologist, Director of Behavioral Science, and Associate Program Director

Content:

Session Title: Family Medicine Residency Training and IBH: Intersectionality of Competencies and Needs

Length of session: 60 minutes

CE Credits: 1

Cost: \$10.00

Program Description: During this session, we will review relevant data associated with mental health treatment within a primary care setting and explore core competencies of both integrated behavioral health clinicians and family medicine resident physicians. The intersection of clinical competencies of both family medicine and integrated behavioral health clinicians will be outlined. Curriculum and clinical training experiences to assist in skill acquisition will also be discussed.

Learning Objectives:

1. Describe the relevant data associated with mental health treatment within a primary care setting
2. Recognize and compare the competencies related to behavioral health care for family medicine residents and integrated behavioral health clinicians
3. Evaluate shared training experiences provided to family medicine resident physicians and integrated behavioral health clinicians

Professional Bio:

Dr. Carlie Nikel is an Associate Program Director and Director of Behavioral Science at the University of Missouri – Kansas City (UMKC) Family Medicine Residency. She is an Assistant Professor in the Department of Community and Family Medicine at UMKC School of Medicine. Dr. Nikel earned her Doctorate in Clinical Psychology from the Forest Institute in Springfield Missouri in 2014. She focused her clinical training in integrated health psychology prior to joining the faculty in 2016. In addition to program development and education of residents and faculty on behavioral science, Dr. Nikel also supervises doctoral psychology practicum students and facilitates a postdoctoral fellowship in integrated behavioral health. Clinically, she provides integrated behavioral health services at the University Health Lakewood Medical Center, which is home to the UMKC Family Medicine Residency. Outside of work, she enjoys spending time with her husband and daughter, traveling, hiking, and hand sewn embroidery.

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